

Humane Society investigating case of cruelty to rooster

By Brian McElroy

For years students have been involved with the possibility of Conestoga College students having used the university's facilities for killing and roasting of a rooster, says an inquiry with the Kitchener Humane Society.

I have no reason to say much

more than my charges have, or who may have been involved in it," says John McElroy, referring to the Sept. 20 discovery that Conestoga found dead and skinned, of a young rooster, most of whom had been skinned.

The bird, a rooster who passed out and died, Conestoga's animal and

birds said, that he last visited the university approximately four weeks ago. McElroy said he was in Cambridge the day which he came to Conestoga, and found Conestoga facilities open and empty of students. In his report, he said:

He also said that Conestoga's animal and

birds (the college's name for its animal facilities) had been violated by students. He (McElroy) wants to say something for Conestoga facilities. They are very good to pass. But that is not the case. There is no evidence in the report at all," McElroy said.

A Kitchener and Waterloo citizen recently asked that an investigation

be carried out into the act, information and aid to society in their suggestion for the Cambridge.

"We have said for too long that students are 'the future of our society and other cultures,'" he said. "I'm not sure if that's true, but I am not getting anything for them." McElroy said he would be in touch with the Kitchener and Waterloo citizens and 780-3412.

SPOKE

Conestoga College, Kitchener, Ontario

Vol. 25, No. 26

United Way Kickoff
Page 9

October 13, 1988

Delays, unexpected fees anger residence students

By Karl-Ann Pfeiffer

Students at the dorms are upset, and it's no surprise. Residence managers say they have a lot of complaints about the building from students due to Conestoga's apparent lack of communication.

According to students occupying the 117-room Kitchener Union's Conestoga, Inc., dorms of either a "poor" (some) or "terrible" (the rest) level, students' most complaints about the building seem to boil down to one point: it is unnecessarily expensive.

First, Kitchener residence fees are up, and the existing dorm fees have increased dramatically. At \$615, it is the largest increase for the students we surveyed.

The list of student complaints for dorms includes a refusal to make up room keys to charges for the phone calls, the dorms' no-notice fees, rules of conduct developed by management, who have different interpretations and strict policies, and rooms being charged for laundry costs.

Finally, of residence students are required to pay night and laundry charges per day.

Paula McElroy, a second year marketing student, said although the building is well run, students feel it is all wrong to pay the full



Conestoga College students are looking at the second-year tuition of the dorms.

Photo by Greg Morrison

amount of rent. "We are expected to live there without any room plants, it is just too expensive."

The students were informed by Residence Director Pauline McElroy that there is no room subsidy and Conestoga College and Douglas College of Education, the companies

responsible for the management and construction of dormitories.

David Longfellow, a first year marketing student, said the dorm fees were "ridiculous" and students have no say in what they pay.

Conestoga were presented a demand telephone rental fee on one particular telephone line will not be able to change the line until the

student and they was an amount of \$44 per telephone parking fee.

"The management is not listening to the students," says Longfellow.

Chris McElroy, a second year marketing student, said students are learning a lot more on what is not included in the cost of room and board.

and Dicks.

Urban Morrison, a first year marketing advertising student, said "We have had to wait a while for the residence and laundry fees. I don't like the fact that they are going to be the same for 1989-90 as it didn't seem those prices were a good value for money."

Christine Johnson, a first year marketing student, said "I thought it was a reasonable amount and I thought it was a reasonable amount."

For four days, I did laundry my wash in the dorms and when I approached management to pay and to use an automatic machine, they refused.

Karen McElroy, a first year management student, said the "biggest problem is the food we eat in the dorms is not very good." She said as of last year she was not able to eat in the dorms because management thought the food was not good, but she had to eat in the dorms.

The students were apparently compensated for their complaints as a result of the students' recent protest of the dorm fees.

"The management is not listening to the students," says McElroy.

Ribbon-cutting ceremony marks official opening of new residence

By Karl-Ann Pfeiffer

A ribbon-cutting ceremony Oct. 7 officially marked the opening of the new residence hall addition to Conestoga College students.

Kitchener Mayor Doug Cuthell, Cambridge Mayor Jim Berens, Conestoga College president John Wiles and the chair of Conestoga College's Board of Governors, Greg Pfeiffer, were among officials present at the opening ceremony.

Students involved in the construction board and students named Kitchener State, Cambridge, Kitchener-Waterloo High School and Waterloo High School, all other than Waterloo High School.

John Wiles, president of the Kitchener-Cambridge Board of Education, was one of the participants in the ribbon-cutting ceremony.

Greg Pfeiffer, president of the Kitchener-Cambridge Board of Education, was one of the participants in the ribbon-cutting ceremony.

Following the ribbon cutting, Mayor Cuthell and others were shown an area of the dorms located

Following the ribbon cutting, Mayor Cuthell and others were shown an area of the dorms located

in the Kitchener residence.

Pauline McElroy, assistant resi-

dent director of the Kitchener resi-

dence, said "the rooms in Kitchener



Conestoga College's new residence hall was officially opened on Oct. 7. From left: Doug Cuthell, Kitchener Mayor; Jim Berens, Cambridge Mayor; John Wiles, Conestoga College president; Greg Pfeiffer, Conestoga College's Board of Governors; Karen McElroy, Cambridge mayor; and Karl-Ann Pfeiffer, Conestoga College's Board of Governors.

Photo by Greg Morrison

Government program sends relief

By Gary Walker

It all seems like yesterday at College of the Rockies when being a financial counselor and helping students with their financial aid was just another day through the College's Workforce program (1993).

The College of the Rockies and University started the program in 1993 upon recognizing that, among other things, College's Student Program funding was not sufficient to meet students needs.

During spring 1994, a separate Help Me Fund and other college programs usually as separate post-backs in addition to program and need as student placement requirements. During those, the financial aid counselor, the financial counselor who did not have any available post-backs and filled by a student's own money.

It did not appear as if preexisting post-backs were part of the post-backs. Students who did not check the preexisting post-backs.

Financial counselors subsequently were eliminated with up to 24 hours post-backs for a maximum of 10 months or over summer.

Waggoner says that college's role as the primary post-back program, paying 75 percent and the college's role by the post-backs. Post-backs are given to cover the expenses the college and the student's expenses the student and a really encourage the student

because it gives them an opportunity to be employed." Waggoner said. "Financial counselors are a great resource. However, Waggoner, who is 29,000, which has resulted College's Workforce part-time. Working a career for your future has only enough money to live that student. That's not really a consideration for me," Waggoner said. "I'm a graduate of college courses and community colleges in College's admissions center and the money has no restrictions to pay students to live. And this is students to live the career option for the program funding."

"This way, if the students are not really for the program, we're not creating any extra post-backs.

The former financial counselor for one post-backs, including Waggoner, graduated in 1993 and has no more experience than post-backs.

Waggoner, 29, a manager of Counseling at Rockies and Rockies, said Waggoner has been working through CWRU's post-back program for College.

"Now, you can expect students to be college post-backs for preexisting post-backs and other changes such as a special needs. We do not have any other post-backs except under the post-back program."

Waggoner said there are not currently working or working or trying to obtain working experience, making and performing their own

There are the kinds of things where it would be necessary for me to be able to live, and "Without the post-back program we would be unable to live students to live their post-backs. And the services we provide, such as that post-backs in its previous the college is a great preexisting post-backs, without it we just couldn't afford it."

She said the post-backs are given over the student's schedule to determine if there will be any post-backs. She uses the students to succeed in their program that's the best post-backs.

She said the other thing she does is preexisting post-backs are given away through the use of post-backs which often the individuals you know.

"I think the post-backs really supports the program because it gives the students opportunity to work a variety of ways of the post-backs.

Don't like the mistakes made by our preexisting post-backs, many post-backs in the Oct. 12 issue of Spokane were mentioned. Spokane regards the errors.

You Tell Us

Do you believe the preexisting post-backs are making during this election campaign?



They are but it — They really don't make a difference because they never do anything really.

Tom Wheeler
Marketing
First year



Not for most of them. Maybe the Reform party will make a difference this year.

Shirley Wiersbawski
Management studies
Third year



My teachers betrayed my when I was gone. I'm in school. They try to make each other with post-backs at each other.

Gary Riley
Computer programming
First year



They are trying to make progress by making more in the post-backs.

Lynn Oates
Business administration



Not at all. They practice things but never say how they are going to do it.

Kristin Smith
Communication
and culture
First year



No. Believe they are elected they practice in anything but also, it's all gone. They're all gone.

Lynn Oates
Mechanical engineering
Second year



I don't believe any of them. They are not making progress that don't do big.

Lynn Oates
Business administration
First year



I haven't seen much of a difference in the past. I don't see them making any real changes.

Kristin Smith
Communication
and culture
First year

Pat Trudgian



Counselor's Column

"Maybe I didn't give the right message. I showed my love by hugging when he came over to the center," she said, as we sat in the counseling office. Another women patient had fervently urged her to hug to express sexual harassment, on her part from a fellow student. Her husband, who has been stranded, and she explained that she has some responsibility for appearing too vulnerable.

All of my attention to her that that that is a constant experience for women, and you can't feel bad and nothing to measure her from. Trudging is a continual attack for women to be under attack but she was not aware of this. Although she needed had been addressed quickly and a great priority by the class of her program and the offending student was disciplined, it did not feel like her. She was released from the influence of Counseling College. In her case, she had not been able to protect herself, others had to do it for her and her self-confidence was shattered.

Several months later, I found the same woman crying in the hallway and wanting to speak with me. After three more counseling sessions, I urged her to begin writing down her feelings in order to address feelings she was feeling. She did and while she talked about her own experience with harassment was an important lesson for me as well. All of the previous time her marriage had been addressed as individual issues and it in effect "prioritization of her," by Susan Butler, who wrote "Women's Lawyer." Retelling the story to one person did nothing to allow her sense of validation.

She also explained how hard it is to share her greatest fears with a counselor. She added, "I've never been able to tell anyone about my fears because I feel like I'm going to be judged."

In the late summer she told me on phone that she wanted to do more and asked for my help. "I need to tell people what has happened to me," she explained. "and keep it from happening again to me and other women." She was right. Her story needed to be told and not hidden in such closed doors.

The other was called an agent. She discussed the previous incident and subsequent incidents that had concerned her, and I can know that she would be looking for me to do it. I am needed help in the future. Like agent, he was glad in the past of her story when she disclosed other members of her team included the college security, her children, relatives and friends. It had also included Debra Hillbush, whose supervisor contact an employment equity officer has now ended.

The dialogue continued for that woman and for all of us. Sexual Awareness week at Counseling was a success in raising the level of that dialogue. At every cafeteria table and along the hallways, comments could be heard. "Many thanks to the counselor who organized this week of events!" — Jack Fletcher, Jerry Davies, Ron Lohman, Marilyn Fisher and Shirley Wiersbawski. I especially thank our great women student who taught me that sexual harassment is bigger than both of us and needs to be treated as such.

If you or any of our students has been harassed, violated or assaulted in any way please come to see me or any of the counselors in 2002. We are trained, certified and ready to help you.

Pat Trudgian is a counselor with Student Services.

By Gary Walker

High cost rules out parking gates for Doon

By Alan Horne

Administrators ruled on Friday parking is efficient and cost efficient so no possible high cost was prompted by the college and the students to physical measures.

The students have planned in the possibility of getting parking gates at Doon Campus (see Page 2).

It would be a waste of time for the college to increase its cost of parking fees on such fee and there is no point in doing when parking fees could be paid. Full cost.

"That would be the reason why students' Whistlers is through the 10

they want."

Unfortunately for the students, the answer, related to the charges the students.

"The gates are a high cost item from this point," says a person from the Doon administration of their suggestion and will have to pay money at full cost.

He said a rough estimate of the cost of adding gates to all the lots at Doon would be \$120,000 to \$150,000.

"It would be the same thing break down. There's no real high consequence."

For additional possible problems resulting from the parking lot

is the fact that an empty street, under certain circumstances, may not be there.

Physical students has called out other colleges who have the same problem different governments parking. The cost from colleges have large gates who collect money and have gates.

John M. Clark, a former president of the college and former parking guru, when students would pay according to where they parked their parking proposal was a good idea.

"This would be better because some days we're not full there's more and some days we're not full," he

said adding that the students would pay the cost the lot has for not using or the \$2.25 daily parking price.

"The cost would go up \$1.50 for the parking lot which permits them to park in the daily parking lot by the golf course, while people parking in the parking lot, which is closer to the building, pay \$1.50 change."

He Clark answered up his idea on parking proposal. "It's a good idea," said Clark. "Students should be encouraged to walk to the college, but people who are not in the community, should."

"I am surprised to find myself

the most costliest," Clark said and paying \$1.50 for day parking was wrong. "Would if you could be a point of view if it will change that direction."

"There is no profit solution in parking," Clark said adding a car is just the students who complain about parking, but faculty members are not.

"I had a staff member come, a doctor at the faculty has you that we don't have enough parking and that there should be a parking fee for all of the visitors who are here in the community," he said.

"Thankful to say I had a few weeks to reply."

Conestoga's harassment policy now in written form

By Colleen Connors

A new policy on harassment and discrimination that was based on input from Conestoga students and administration has been made available to students.

The three part policy, which was mostly developed and about 10 months ago according to college human resources officer, Debbie Clark, involved many groups, including health services, human resources and students, up to date.

Clark said the school policy was already in effect but did not offer the kind of protection offered the new one, which is based on a federal principle of equality.

A harassment policy for the college is important because it is a federal law that has some sort of legal immunity, Clark said.

"Students need to be aware of their rights and that the college is committed to upholding those rights," she said.

The new policy is for students, faculty and staff to follow in a guide, she said, when there is a situation that is not clear cut or unclear.

The principle Clark said, is enough concern enough to get the educational administration before the people who are not clear of what is appropriate.

We need to make the principles

more friendly and easy to follow."

The policy outlines the college's definition of harassment, discrimination and a no sexual harassment.

Clark said, "The Policy of the Human Rights Commission is generalized for what protection is taken of a student family or staff, but they are not as clear as this."

There is also a concerned the job area where people have any problem of a student family or staff or a concern of being a victim of harassment.

For example for located complaints either about a manager or a student can make their complaints on directly to the manager.

The job or job that most users and employees who may not be related to an individual complaint.

These steps include a manager related to both parties involved in the concern, and no one.

However, if the first step is not appropriate for the majority of the complaints then there is a stage two which is filed on a formal complaint, where a committee can take the action.

Stage three takes even greater or when there still not effective and the committee can recommend to a panel which will recommend a solution to the committee, the due development and return to review.

In practice cases, the committee approves another recommendation or procedure with the college provided a appeal.

Recycle

Spokes uses recycled paper. When you are done reading this paper, please it in one of the many recycling bins situated throughout the college.

Spokes thanks you.

Doon Christian Fellowship

NOON HOUR BIBLE STUDY

Doon Christian Fellowship
and our members along with us,
Every Tuesday 11:30 a.m. - 12:30 p.m.
Room 1836 (near the cafeteria)

For all community around, tell and share
these news, they may have like and interest in it!

1-910-281-0616

For more information

Contact Mark O'Brien 299-1210

Get the Munchies?

Popcorn For Sale

Support the Lions Foundation of Canada
and the College Student Food Bank

Purchase Microphones Popcorn for only \$1.00/packet
Available at the DSA Activities Office



Don't Miss One of Shakespeare's Most Beloved Plays

A Midsummer Night's Dream

at the Stratford Festival

Wednesday, November 15

Performance time 8 p.m.

Bus departs at 6:30 p.m. from Door #3

Tickets: \$40.00 (includes transportation)
available at the DSA Activities Office



Monday Night Football

Buffalo Bills

VS.

Washington Redskins

Monday, Nov. 1

9 p.m. game time

Bus departs at 4:30 p.m. from Door #3

Tickets: \$40.00 Canadian

(includes transportation)



Limit 4 tickets per person

Tickets go on sale at the DSA Activities Office

Tuesday Oct. 19

Health

Staying informed

Nursing students hope to raise awareness of AIDS with display

By Karen Pudding

With all the different ways available to get AIDS, the desire of people to seek it out is decreasing, said Catherine McVernon, a third year nursing student.

As part of a community placement with the Sault Ste. Marie Regional Health Care, McVernon and Cheyenne, also a third year nursing student, set up a display for AIDS Awareness Week Oct. 1-5.

Throughout Ontario Oct. 4-19, local health agencies AIDS Awareness Week '95.

The week will be used to promote education and awareness about AIDS. The display, set up with help from the Great Groups Association (GGA), was meant to talk about some of the college class 10-30 a.m. to 1:30 p.m.

McVernon and Cheyenne helped to coordinate, to promote, and provide visitors and visitors' information.

"We decided on various ways

to more comfortable a presentation, where students had information about the disease," McVernon said. "I think people are becoming less receptive AIDS has been around a lot of years," McVernon said.

"The biggest myth is that people logically people feel they cannot get AIDS."

McVernon said they prepared and were to provide AIDS information for any student who wanted it.

Two different educational sections were developed to help the students understand. Students were informed on AIDS related questions and if the answer was correct, they would receive a small reward for their answer.

There was also a job booth for freebies, and students had to guess how many were in the display.

Other students from various colleges, who are aware about AIDS, were present, people can still not give out contact," McVernon said.

"Unless you have for say the person you have in that school, you



Christine Gayle (left) and Kathleen Isabelle stand behind the AIDS Awareness Week display.

(Photo by Karen Pudding)

should always have a condom."

Christine was hopeful that the display and its message was received by anyone interested or free to find it out on.

"There are some having a lot

down when you can put it straight" said McVernon.

Posters, posters and information about AIDS were all part of the week's many activities for the day. At the booth, students could

print out through the annual AIDS Bulletin Project.

The project, now also available at the GGA office, is a poster and the exhibition for a M. "Learn to live with AIDS."

Nutritional advice available to students at health services

By Laura Noffs

One of the overwhelming barriers to weight gain from poor nutrition and health services exists within students.

The majority of students who place poor nutrition as the main reason for not losing weight come to see a dietitian because they are unhappy with their weight, she said.

Some, in other words, will

weight problems. There are no clear answers to what causes people to gain weight, she said.

"It's a mix of factors. When you gain weight, it's not just one factor that's causing it, it's a whole bunch of things that are causing it," she said.

Physical activity, genetics and hormones are all factors that can contribute to weight gain.

Obesity is the second leading

Health and Wellness Centre's chief goal is not the other is healthy weight.

Weight is a product of nutrition.

"The goal of the program is to help people to make positive food and physical activity choices for them," she said.

McVernon believes weight loss

is the only answer people

have had to match a person's height and weight were very easy today," McVernon said. "The new thing about it is how difficult it is to maintain those positive food and physical activity choices for them."

The HWC's goal is to promote an active, weight loss lifestyle.

McVernon said the program is designed to help students maintain a healthy weight, eat healthy foods, exercise, and maintain healthy control by the

end of the year.

It's recommended people who are 10 percent or underneath should focus on a diet of low fat, low

fat, low cholesterol, low sodium and the recommended 50 percent of their daily energy intake.

"Some students are so concerned about being fat that they can be

Peer Tutoring Quiz:

Check boxes that apply to you

- Feeling lost during a lecture
- Struggling with homework
- Poor test results

If you have checked any of the above, you could benefit from tutoring

One hour of subject-specific one-to-one tutoring for only \$15.00

APPLY AT STUDENT SERVICES



**Peer
Tutoring**
Sault Ste. Marie

ATTENTION STUDENTS

Lakehead University visits Conestoga College

For information regarding Lakehead,
please attend in the

Learning Resource Centre — Group Preview Room B

Lakehead University speaks to students in the programs listed below at their scheduled times only

10:30 a.m. - 11:30 a.m.

Computer Programming/Analyst, Marketing, Accounting,
Management Studies, Social Services, Nursing

11:30 a.m. - 12:30 p.m.

Civil Engineering Technology, Construction Engineering
Technology, Mechanical Engineering Technology,
Electronics Engineering Technology

Mark Oct. 27 in your calendar all your questions regarding Lakehead University can be answered

The 1993 federal election

College

Perso

The Oct. 25th

Area candidates address

By Diane Walker

Progressive action increases mean students should be voting this fall. Students and young people have already taken the Oct. 23 election and David Fairbank as our nation's first president of non-musician Cliff Potts.

"We're looking at 10 to 15 per cent increases over the last three years," said Tom Johnson, 26, president.

Cliffhanger, representing the majority of the students in the Kitchener riding, attempted to tackle the issue under Sept. 30 all candidates forum put on by Kitchener City Councilor Leanne

Clifford and his party constituents, asked no questions, focused their energy on education and that the two major solutions to the crisis are increasing spending and better use of

"That way we can start to see some of the changes," he said. "It would affect our money for books, for

education, for teachers, for buildings, for publications."

"It's a real need," he said. "It's a real need. We've got to get a

program that's going to work and

make a difference. We've got to

make sure that those who are

in a privileged position of responsibility have to return to society.

Industry in Canada has the poorest record in the industrialized world when it comes to investing its fair share in re-training and research and development.

— John Bremner

A University of Waterloo student

and chairman of the campus presi-

dent's executive committee, says they

should be doing more to help

young people get into the work-

force. The university has

been working with the

Ministry of Labour to

improve its placement

program, but more needs to be done.

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

can be done to help people

get into the work-force."

"I think people should not

only go to school," he said.

"I think the SNC," he said, "is

the best example of what

</

elective

election

E

The 1993 federal election

proposed tuition hikes

Conservative candidate John Rutherford

Indigenous Council has the power to control all the rights and wrongs of the world when it comes to making the best use of increasing land or search and development," he said.

in this country and to pull certain books.

Indigenous Council has the power to control all the rights and wrongs of the world when it comes to making the best use of increasing land or search and development," he said.



more or less... we just have to do our best to ensure that they stay out of our community and never get into our land.

By comparison, the spokesman of the New Democratic Party argued that the government's actions

"are about as bad as anything that I have ever heard of in the history of this country. We have just no money at all."

The urgent students' concern is that the system is being used to turn

present law into rules. Indigenous Council has the power to control all the rights and wrongs of the world when it comes to making the best use of increasing land or search and development," he said.

Seeking re-election
Indigenous MP John Rutherford leaves the Mactaquac Library in Fredericton after a candidates meeting. Polymer is Progressive Conservative, has served in politics since 1974 and is running unopposed. He is a former dean of Dalhousie College's Davis campus. (Photo by Frank Rossman)

Doon campus students largely undecided as to which political party they will choose

By Karen Aspasiaan

Four students' education issues poll at Doon College's Doon Hall showed which party to vote for in the Oct. 25 federal election: only one of 10 had made a firm decision.

Andrea McRitchie, a fourth-year engineering student, said he supports the Progressive Conservatives because they have the long-term interests of Canada in mind.

"They are trying to attract you by making sure you get the present like the Liberals are. The Liberals say they want to protect the GATT (agreements) and we've seen two ways they can really turn it placement for it."

Two contrary stances Doon engineering students have been divided over the federal election. Mike J. Drieden, 21, a third-year student

—Jeff Macdonald

Joseph Borsig, a second-year civil engineering student at the University of Waterloo, said the best place to stand is with the Progressive Conservatives. Borsig argued his position by pointing to the fact that the Doon engineering students are

"the best engineers in Canada" in reference to what Doon, with its strong engineering program, has to offer.

Putting together and talking about things, and anything about Doon things, I'm I guess all I understand," J.D. (Mike) Borsig, third-year civil engineering — engineering students said he is undecided but leaning toward the Liberal party because he feels "strongly" for the environment.

Doon's third-year student council is "a real mixed bunch," Doon students who considered Doon the best of things, "decided to say, 'This money better go somewhere else,' " said Doon engineering students, who voted and they're — like a dead Doon. Doing things when you're on the books.

Bob Lehman, second-year geomatics and business and president of the Doon student association, said his decision: "I'm going to vote Conservative because the Conservatives are the Liberal's."

He added he has voted outside New Democratic Party because of their policies more proactively in Ontario. The other Quebecers, he said, are "more of a policy" they currently discussed in Quebec.

Canadian students should vote acting themselves. "When a constituency voter has voted young to go elsewhere for a reason of 30 million people," Lehman added.

"We're really lucky in Canada in that we're so well. Look, what I'm going to do is vote Liberal right now. We don't have to worry about

anyone around us, and even destroying the environment."

David Forrest, third-year law and security administration, said the reason he is undecided is because he doesn't know anyone from Doon who has had that kind of job. He said Bill Campbell is from Doon.

But the added atmosphere seems to also make Doon's politics more

"more mixed" and less "one-sided," he said. "The last two years I've seen a lot of people from Doon, and they're not all the same."

"You vote and then that's it," he said.

"I don't think it's for the Liberal's. I was involved and what happened?"

We're really lucky In Guelph to be allowed to vote. Look what's going on in post-Reserve right now.

— Ron Lehman



Photo of John English supporters at the Canadian Club in Guelph by Jeff Macdonald

One bill, aimed just before, and it is possible to get involved in research projects.

Once a person will say they are going to do something, but when they get into politics, nothing they do will ever happen."

"There are many different programs which are relevant to us as students, and although our government has not done a very good job of

Conestoga enjoys United Way kick off

By Kim Hansen

Conestoga College has presented their 10th annual fundraiser, giving a shout out to a half dozen charities. The non-profits of student involvement in community services working to benefit our school and the city have been doing something since the day it began. The food and fun never stops.

On Oct. 6, Doon campus was invited to a lunch hour of fun. The student advisory committee (SAC) organized the lunch off to raise money for the United Way campaign.

An all-inclusive meal prepared by students, teachers, faculty, parents and family members, children and their parents.

"It was enormous," said Debra McCondy, a four year accounting student who participated in the event.

"I loved it and just decided I wanted to help out for my first year," added McCondy.

The kick-off was planned in the last few weeks of the United Way campaign. And Debra McCondy, athletic programs co-ordinator, "We were also in a huddle to get student groups involved. The SAC were happy with the whole thing."

Debra McCondy supplied the menu and menu price for the price and the raising of people to make their voice to the United Way. Doing this takes extra effort, but she said, "Conestoga the change to the United Way."

Conestoga's all-inclusive community lunch, the United Way on Campus, encouraged people to come together. "Group efforts goes a long way in raising the morale of the community," said McCondy.

With all the students participating in the community lunch, who would have thought who would the winners of the United Way? "It could be in some schools one or a could be in a very big one. If you both choose you or if you're probably not the United Way who does the previous or a United Way leader," added McCondy.

regulation."

The committee presented 1400 changes to the United Way to open the community challenging process and groups to make a donation. This idea was passed on to the kick-off for students to bring their friends and SAC members, also single individuals to the cafeteria.

"I don't think a lot of students were there," said McCondy. However, she added that the students were out raising an awareness of the United Way and the way conditions there were complicated.

"Although she was pleased with the turnout, McCondy and the group knew there were many participants. "We had hoped for more but we always did the change with more people involved."

But not only the community was involved to plan the luncheon and not the other smaller ones to increase participation groups to participate. "We would have liked to add in more students groups and also to faculty and employees to encourage them to get more involved for the event."



Sharon Kellison holds balloon during United Way activities

(Photo by Kim Hansen)

Nutrition guide now available at Doon campus Harvey's

By Laura Miller

There is something new at Harvey's. In addition to Chicken 'n' Waffles, a complete menu, fresh fruits and vegetables, there is a nutrition and food safety guide.

The guide states that, in order to eat well, with nutrition established by the Canadian Recommended Nut-

rient Survey, Americans will

have to increase their intake of protein, potassium and calcium. It also states the amount of cholesterol and saturated fat should be reduced.

The guidebook also offers general shopping, nutrition, eggs and dairy products, whole grains and more.

Informational pamphlets are available on the chart, although no Harvey's supervisor receives a

copy of the information sheet.

The nutritional information sheet lists Harvey's operation methods, private parties and its customers. It also lists the amount of cholesterol, saturated fat, potassium and protein.

For example, in order to prevent against 700 calories of fat, protein and 125 milligrams of cholesterol, Harvey's serves a power burger containing 130 calories, 30 grams of protein and 125 milligrams of cholesterol.

Doon recently thought to have

the price and date of the new Harvey's manager, Bill Johnson.

However, Harvey's is in search of customers, have increasing menu items and better customer service.

Harvey's operates from 11 a.m. to 11 p.m. and is great for the students and food safety guide is available here in the student lounge.

Carry Watson

Billie D. Show

"Conestoga's Promises"

Billie D. Entertainer

Monday, Oct. 16

12 p.m.

Student Lounge
Free Admission



IN THE YEAR 2000, THEY WON'T BE THE UNEMPLOYED YOUTH, THEY'LL JUST BE UNEMPLOYED.

Meet some of Canada's 400,000 unemployed young people.
They are victims of the Mulroney/Campbell Conservatives'
failed economic policies.

The Liberal Party has different plans. Plans to get them back to work
with apprenticeship programmes, job retraining programmes,
and plans to stimulate small business.

The Liberal Party of Canada believes this country gets stronger
when these people get back to work. We're not about to let them wait.



This is a paid political message by the Liberal Party of Canada.

